

P.H.T.



PREMIER HEALTH TEAM



PATIENT PARTICIPATION GROUP

Bridgewater Medical Centre, Henry Street, Leigh, Lancashire. WN7 2PE.



P.P.G.

Chairperson: Peter Cain

Secretary: Molly Ainsworth

Treasurer: Dave Liggett

Premier Health Team – PPG Effective Engagement Strategy Project

CHOICE OF COURSE. We decided to ask the Red Cross to run “A First Aid for Babies and Children” course and invited patient participation from other local practices as well as our own. We chose this course because babies and children are a vulnerable section of our society who is reliant on all adults involved with their supervision and welfare. Applications were invited from parents, expectant parents, grandparents, foster parents, baby sitters and carers of babies or young children.

OBJECTIVE OF COURSE. This was to provide the knowledge and confidence to participants through teaching first aid skills to enable them to provide first aid to babies and young children.

TIME AND VENUE . There were two separate courses – a daytime course and an additional course during the evening. Each course was split into two 2.5 hour sessions on two consecutive days. The venue was the Bridgewater Medical Centre, Henry Street, Leigh.

COURSE CONTENT included dealing with an emergency, choking, unconsciousness (breathing and not breathing), bleeding, burns and scalds, sprains/strains, seizures , head injuries, swallowing harmful substances, drowning, raised temperatures, Meningitis, severe allergic reactions, diarrhea and vomiting and where to get help.

DELEGATES' VERDICT. All were very positive about the course and all felt the course was helpful and increased their confidence in dealing with the topics covered by the course.

Some examples:-

- “Fantastic course, wonderful idea, very helpful. These should be made more available, perhaps for dads specifically.”
- “Wes (the trainer) was brilliant. Worked at the right pace. Lots of common sense. Got everyone to join in Delivered message with clarity and humour.”
- “It was brilliant! Lots of information; I feel a lot more confident.”

AND FINALLY! All delegates said they would share the course information with friends and relations and would encourage them to attend the course if it was repeated (we hope to do so in September/October). Also they all expressed willingness to attend a “refresher course” In 12 months time.

July 2011