

# THE PREMIER OBSERVER



## SUMMER 2018 NEWSLETTER FOR PATIENTS AND STAFF



### Star Staff

#### WELL DONE!!

Delia Clarke, our Nurse Partner, has been working very hard over recent months to launch two new initiatives; group consultations and the new Nurse Fellowship programme. A big well done to Delia for her passion and continued commitment to the NHS.

### Medical Fact!

206 bones make up the human body – look after them by increasing your calcium uptake and avoiding lifestyle factors that may impact your healthy bones such as smoking.



### DNA REPORTING

In the last 3 months, 97% of patients attended their appointments. Please be mindful regarding rearranging or cancelling appointments you cannot attend. Remember you can use our text message service to cancel!

### Healthy Days/Charity Events/School Support

In February, we held our first 'Asthma Party' at a local primary school for 90 children aged 4-7. We intend to repeat this activity in the coming months for second half of the school aged 8-11.



### Flu Vaccinations!

Our flu vaccine season for 2018 will start again in September.  
Look out for news of our first clinics towards the end of Summer.



### PATIENT PARTICIPATION GROUP

The next PPG meeting will be held on Monday 25<sup>th</sup> June 2018. If you are interested in becoming a member of our group please speak to any member of the team who will be happy to help and advise you. Don't forget that the PPG host the weekly walk in conjunction with Inspiring healthy lifestyles, each Tuesday at 1.30pm from the practice.

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*Dr Kumar is the named accountable GP for all of our patients. However patients are still able to see the available GP of their choice.*

Useful telephone numbers:

Learning Disabilities Team: 01942 482543

NHS 111 Service: 111

Leigh Walk In Centre – 01942 483483

### Useful websites

Want to lose weight?

[www.slimmingworld.co.uk](http://www.slimmingworld.co.uk)

Check out our practice website for all you need to know:

[www.premierhealthteam.org](http://www.premierhealthteam.org)

### Leigh Warblers!!

**Every second Thursday  
11am-1pm the practice  
host the new 'Leigh  
Warblers' singing group for  
patients with breathing  
problems. For further  
information please speak  
to Caroline Sewell or Delia  
Clarke at the practice.**

### Policy of the season

**General Data Protection  
Regulation Policy**

**2018**

**There has been a revision to the previous Data Protection Act which gives patients and staff more clarity regarding how the practice uses their personal data. Please read the new 'privacy notice' available on our website for more details, or ask for a copy from the reception team.**