

THE PREMIER OBSERVER



OCTOBER NEWSLETTER FOR PATIENTS AND STAFF



Star of the Month

Chloe DonBavand

Well done Chloe on becoming a fully-fledged member of Premier Health following completion of your apprenticeship. Thank you for your continued hard work and dedication to the Practice.

Weird Medical Fact of the month!



THE FINGER NAIL OF A HEALTHY PERSON TAKES 4-6 MONTHS TO GROW!!

DNA REPORTING

In September, 98% of patients attended their appointments. Please be mindful regarding rearranging or cancelling appointments you cannot attend.

Healthy Days/Charity Events



Our annual support for Children In Need will take place Friday 13th November from 9am. Join us for cake chatter & a chance to win on our tombola!!



Flu Vaccinations are in!!

Please book in for your flu Vaccination. We are holding various clinics over the coming months. Ask at reception for further details.



PATIENT PARTICIPATION GROUP

The next PPG meeting will be held on Monday 30th November 2015. If you are interested in becoming a member of our group please speak to any member of the team who will be happy to help and advise you. Don't forget that the PPG host the weekly walk in conjunction with the Active Living team, each Tuesday at 1.30pm from the practice.

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Dr Kumar is the named accountable GP for all of our patients. However patients are still able to see the available GP of their choice.



Useful Telephone Numbers:

- Learning Disabilities Team:

01942 482543

- NHS 111 Service – 111

- Leigh Walk In Centre – 01942 483483

Useful websites

Want to lose weight?

www.slimmingworld.co.uk

www.premierhealthteam.org

For children & adolescents:

youngminds.org.uk

Antibiotic prescribing...

It is antibiotic awareness week
16-20th November. Help us to
help you! The common cold and
viruses don't need antibiotics!!

Are you a carer?

For more information, health and supports please contact:

(01942) 606086