

# THE PREMIER OBSERVER



## JUNE NEWSLETTER FOR PATIENTS AND STAFF



### Star of the Month

#### Delia Clarke

Despite suffering a further injury to her knee, and being advised to rest, our Nurse Partner Delia has continued to work & serve her patients and the practice.

MR. SNEEZE



#### **Medical Factoids!**

*Did you know???* A sneeze generates a wind of 166km/hr and a cough moves out at 100km/hr. Keep a look out for details of when our flu clinics start from September 2015 onwards!!

### DNA REPORTING

In MAY, 96% of patients attended their appointments. Please be mindful regarding rearranging or cancelling appointments you cannot attend.

### Healthy Days/Charity Events

ON Sunday 7<sup>th</sup> June 2015, two members of our team, Caroline & Taylor, will be taking part in cancer researches 'Race for Life' with their daughters. Lots of luck to them all for a very worthy cause.



### Practice standards

\*Repeat prescription reminder\*  
Please allow 48 working hours for your prescriptions to be issued.



### PATIENT PARTICIPATION GROUP

The next meeting will be held on Monday 27<sup>th</sup> of July 2015 in the surgery. If you are interested in becoming a member of our group please speak to any member of the team who will be happy to help and advise you. Don't forget that the PPG host the weekly walk in conjunction with the Active Living team, each Tuesday at 1.30pm from the practice.

# THE PREMIER OBSERVER



## JUNE NEWSLETTER FOR PATIENTS AND STAFF



*Dr Kumar is the named accountable GP for all of our patients. However patients are still able to see the available GP of their choice.*



### Useful Telephone Numbers:

- Samaritans – 0845 790 9090

---

- NHS 111 Service – 111

---

- Leigh Walk In Centre – 01942 264 000

---

- National Domestic  
Violence Helpline – 0808 2000 247

### Useful websites

[www.premierhealthteam.org](http://www.premierhealthteam.org)

[www.wiganmind.com](http://www.wiganmind.com)

[www.livinglifetotheull.com](http://www.livinglifetotheull.com)

### Antibiotics – THINK twice!

Antibiotics are used for **active infections**. They will not work on viral infections including; coughs, colds and sore throats.

### Are you a carer?

For more information, health and supports please contact:

(01942) 606086